

# 2003 Health and Preventive Practices Status Report

## from Missouri County-level Study



# Douglas County\*\*

	County Prevalence (%)*	Southeast Region Prevalence (%)*	State Prevalence (%)*
<b>G</b> eneral			
Health Status (Fair or Poor)	25.3 H	23.2 H	16.9
No Health Coverage	24.9 H	17.4 H	12.3
<b>B</b> ehavioral Risk Factors			
Physical Inactivity	25.3	30.6 H	23.0
Current Smoker	25.1	28.1	26.5
Overweight (BMI 25-29.9)	43.4	36.9	35.3
Obese (BMI ≥ 30)	26.7	26.9	23.4
<b>D</b> isease and Conditions			
High Blood Pressure	24.3	30.0	28.5
High Cholesterol (35 years or older)	29.8 L	38.2	37.3
Asthma	14.3	12.3	10.7
Diabetes	7.0	7.5	7.2
Activity Limitation	23.2	20.6	17.8
<b>C</b> ancer Screening			
<b>Women</b>			
Never had a Mammogram	18.5	20.5 H	13.4
No Mammogram or Clinical Breast Exam in Last Year:			
40-49 years of age	57.8	58.0	49.4
50-64 years of age	46.0	44.8	35.9
65 and older	46.3	52.9	47.4
Never had a Pap Test:			
18-69 years of age	3.3	3.8	5.1
70 and older	3.7	8.2	6.4
No Pap Test in Last Year (18-29)	53.3	23.5	25.8
No Pap Test in Last 3 Years (30-69)	12.9	15.4	13.8
<b>Men and Women 50 Years or Older</b>			
Blood Stool Test:			
Never had a Blood Stool Test	60.9	63.1 H	57.0
No Blood Stool Test in Last Year	79.9	83.7 H	77.5
Sigmoidoscopy/Colonoscopy			
Never had a Sigmoidoscopy or Colonoscopy	66.2 H	59.0 H	49.2
No Sigmoidoscopy or Colonoscopy in Past Five Years	69.7 H	67.7 H	57.0

\*Prevalence rates are age adjusted to the 2000 U.S. standard population

■ indicates that the prevalence rate is not significantly above or below state prevalence

H indicates that the prevalence rate is significantly above the state prevalence

L indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older

\*\* The best indicators for Douglas county were obtained by combining data from Douglas and Ozark counties.